Finding Peace
Small Group Guide

Warm-up Question: (Choose one, make up your own, or skip this part all together, depending upon the nature of your group.)

1. What is one thing you look forward to during the holidays?

2. Would you consider yourself an easy person to get a gift for? Explain.

Read the following passages: Exodus 1:8-14, 22; 2:1-15

At some point in our lives we all come to the realization that the world is not always a peaceful place. In response, many of us try to control the world around us. On other occasions, we may avoid the conflict, the issue, or even our calling and, instead, settle for a false peace. Neither of those strategies is very helpful. Moses's story reminds us that real peace begins with God.

Questions for Discussion (Choose several that are relevant for your group)**:**

1. How would you rate your overall level of internal peace in your life right now? What are some of the primary stressors you are currently facing?

2. When we focus our attention on things that are outside of our control, we are going to feel anxious. What are some things that you can't control that you are prone to focus on? What should we do about those things we *should* be involved in (for example, the lives of other people) but can't directly control?

3. Do you have a sense of some of the things that God has called you to? Are you pursuing that calling in your life right now? Explain.

4. What's wrong with the philosophy, "I don't need anyone else to love me; I love myself"?

5. Are there any areas of your life in which you are avoiding a conflict that you should probably work through? Explain. What are some of your strengths and weaknesses when it comes to working through conflict?

6. Are there any personal issues in your life that you are avoiding? (If you can't think of any, what would a close friend say?) Explain.

7. How can peace with God help us experience peace in a chaotic world? Are you experiencing peace with God in your life right now? Explain.

Pray